

Dating Bill of Rights

In dating relationships, I have the responsibility to:

- Discuss my limits with my partner
- Respect other peoples limits
- Speak clearly and honestly
- Take care of myself
- Not abuse others
- Admit to being wrong
- Stay away from situations that might not be safe
- Listen to others
- Care about others
- Never humiliate a person in public or private
- Not do something that makes my uncomfortable

I have the Right to:

- Trust myself and my instincts
- Refuse a date
- Ask for a date
- Be treated with respect
- Not be abused
- Refuse something, even if my date wants too
- Disagree
- Have limits respected
- Treated as an equal
- Be listened to
- Say “no”
- Leave or stay in a relationship
- Ask for help when needed

Adapted from Partnership Against Domestic Violence. You can find more information at <http://padv.org/>.