

**Master Course Syllabus
Nurse Aide for Health Care
NURA 1001**

Instructor: Adjunct Instructor

Office: Contact instructor through the CNA Coordinator's Office: 979-209-7565.

Purpose Statement:

Blinn College's Institution goals and outcomes state that... "The institution will educate students for academic transfer, employment, and/or other educational goals, including lifelong learning and community involvement." In support of this goal, Workforce Education relies on current data provided by the Workforce Solutions Targeted Occupations List in our service area to determine local job needs and future projections.

Course Description:

This eighty (80) hour course is designed to prepare entry level nursing assistants to achieve a level of knowledge, skills, and abilities essential to provide basic care to residents of long-term care facilities. Topics include resident's rights, communication, safety, observation, reporting and assisting residents in maintaining basic comfort and safety. Emphasis on effective interaction with members of the health care team will also be included in this course.

Expanded Description:

This course is considered entry level, providing the knowledge and skills necessary to seek first time employment or to enhance ones skills in their current position. Addition or successive courses may be available in this same subject to improve one's knowledge and skills or to achieve the completion of a series of classes. Enrollments in this course have remained consistent or increasing. Projections for current and future job openings remain positive. Certificates of completion are awarded upon successful completion of the course.

Those interested in obtaining a state certification and ability to carry the title of Certified Nursing Assistant (C.N.A.), must register/enroll in NURA 1060, which is an additional forty (40) clock hours of clinical experience, and allows graduates to sit for the C.N.A. state exam upon successful completion.

Prerequisites:

Highly Recommended: High School Graduate - or - G.E.D.

The applicant must read, write and speak English and possess adequate oral and written communication skills to permit regular, routine, timely and productive interactions with faculty members, staff, nurses, patients and other students in person or through use of technology (e.g. telephone, fax, and computer.)

Required Documentation (Immunizations, Drug Screen, Criminal Background Check)

- Prospective students must attend an INFORMATION (INFO) Session to obtain required course documentation for enrolling/registering for the NURA 1001 course.
- Completed required documentation (found in the application packet) must be on file in the college's respective district's Workforce/Technical Education office and approved by the Program Manager to register for NURA 1060.

Credit Hours:

No credit hours are given for this course; the class is comprised of eighty (80) contact hours.

Student Learning Outcomes:

- Provide basic care to residents in a long-term care facility.
- Communicate and interact effectively with residents and their families based on sensitivity to the psychosocial needs.
- Assist residents in attaining and maintaining basic comfort and safety.
- Protect, support, and promote the rights of the residents.
- Provide safety and preventive measure in the care of the residents.
- Demonstrate skills in observing and reporting.
- Function effectively as a member of the health care team.

Required Text:

Nursing Assisting: A Foundation in Caregiving, 3rd edition: Dugan, Diana. Hartman Publishing, 2012.

Workbook to accompany textbook.

(Both text and workbook will be available for purchase at Blinn Bookstore on the main campus.)

Handouts supplied.

Required Materials:

- Uniform Scrubs (color and styles to be discussed by instructor)
- Watch with second hand (Needed by class 10: Chapter 13→ Vital Signs)
- Stethoscope (Needed by class 10: Chapter 13→ Vital Signs)
 - During a Fast-Track class, these will be needed by class 5.

Reference:

Texas Department of Aging and Disability Services (DADS) website to include curriculum for Certified Nursing Assistants and the Nurse Aide Registry: www.dads.state.tx.us

Grading System:

The lesson plan and class schedule informs students of scheduled assignments and topics. Periodic tests are scheduled to be given to allow frequent feedback and evaluation. As a student, your success in this program requires you to keep up with all assignments and to maintain an **overall test grade average of 75% or better.**

Attendance Policy:

- Students not able to meet the requirements for attendance in this program will be dropped from the course.
- Tardiness is determined according to minutes missed. One (1) to fifteen (15) minutes is considered a 15 minute tardy. Three (3) tardies constitute one (1) hour of absence.

Excessive tardiness is grounds for being dropped from the course.

- Students who are absent must make up missed course work in accordance with the instructor's schedule.
- Students enrolled in Nurse Aide training may not miss more than eight (8) hours of classroom/lab activity.

Assessments:

Test/Exam Schedule and Procedure:

The course consists of eight (8) 100-point exams.

The grade scale is as follows:

A = 90-100%

B = 80 - 89%

C = 70 - 79%

D = 60 - 69%

F = < 60 %

Remember: students must have an overall test grade average of 75 % to complete the requirements of this course.

Make Up Exams:

- **If extenuating circumstances occur and the student should miss a scheduled exam, this exam MUST be taken within the week the student returns. Please make arrangements with instructor.**
- **Approval of instructor or coordinator of CNA programs MUST be obtained in order to make up an exam. The make-up exam may not be the same as the scheduled exam, but an exam based on the discretion of the coordinator.**

Course Requirements:

- Students are expected to utilize the time given to them during class time, at the instructor's discretion. Students are required to complete all assignments on time. Students are expected to review and study their notes before class to reinforce what was learned during the previous class. It is strongly recommended that students are prepared for each class and that they take notes and participate as required.

Calendar:

Courses are offered with various schedules to accommodate the students. Courses may be scheduled in any of the following weekly formats:

- Class may meet two (2) times per week for four (4) hours, totaling eight (8) classroom hours each week.
- Class may meet three (3) times per week for four (4) hours, totaling twelve (12) classroom hours each week.
- Class may meet three (3) times per week for six (6) hours, totaling eighteen (18) classroom hours each week.
- Class may meet two (2) times per week for eight (8) hours, totaling sixteen (16) classroom hours each week.

- Class may meet four (4) times per week for four (4) hours, totaling sixteen (16) classroom hours each week.
- Class may meet one (1) time per week for eight (8) hours, totaling eight (8) classroom hours each week.

Civility Statement:

Members of the Blinn College community, which includes faculty, staff and students, are expected to act honestly and responsibly in all aspects of campus life. Blinn College holds all members accountable for their actions and words. Therefore, all members should commit themselves to behave in a manner that recognizes personal respect and demonstrates concern for the personal dignity, rights, and freedom of every member of the College community, including respect for College property and the physical and intellectual property of others.

If a student is asked to leave the classroom because of uncivil behavior, the student may not return to that class until the student arranges a conference with the instructor; it is the student's responsibility to arrange for this conference.

Final Assessment Appeal Policy:

As per Blinn Workforce Education policy and, if applicable, the policy is included in the Blinn College student handbook, as well as the website: www.blinn.edu/workforce.

Policies and Procedures:

All students are required to adhere to the policies of Blinn College. These policies are listed in the Student Handbook. A copy of the handbook is available to you at the Office of Workforce Education, and on the website.

Institutional ADA statement:

Blinn College is dedicated to providing the least restrictive learning environment for all students. Therefore, support services for students with disabilities are provided on an individual basis, upon request. Requests for services should be made directly to the Office of Disability Services (ODS) serving the campus of your choice. For the Bryan campus, the ODS (Administration Building) can be reached at 979-209-7251. The Brenham, Sealy and Schulenburg campuses are served by the ODS on the Brenham campus (New Administration Building Room 104) and can be reached at 979-830-4157. Additional information can be found at www.blinn.edu/disability.

Course Outline

Course Title: Nurse Aide for Health Care
Course Code: NURA 1001
Course Length: 104 hours

Course Description: This course is designed for preparation for entry level nursing assistants to achieve a level of knowledge, skills, and abilities essential to provide basic care to residents of long-term care facilities. Topics include resident's rights, communication, safety, observation, reporting and assisting residents in maintaining basic comfort and safety. Emphasis on effective interaction with members of the health care team

Learning Outcome: Provide basic care to residents in a long-term care facility.

Communicate and interact effectively with residents and their families based on sensitivity to the psychosocial needs.

Assist residents in attaining and maintaining basic comfort and safety.

Protect, support, and promoted the rights of the residents.

Provide safety and preventive measure in the care of the residents.

Demonstrate skills in observing and reporting.

Function effectively as a member of the health care team.

Delivery Method: Class lectures with PowerPoint materials
Home assignments from accompanying workbook for class text
Practice skills in laboratory
Return demonstrations during skills laboratory
Quizzes and exams

Pre-requisites: Please see student syllabus

Course Structure: Classroom Lecture
Classroom Skills Lab
Clinical Experience
DADS state exam

- Schedule:** 80 hours of Classroom instruction and training;
24 hours of clinical experience in a long-term care facility
Each program must follow the curricula established by DADS.
Classes will be held in either four-hour classes for 80 hours, or 6 hour
classes for 80 hours.
- Evaluation:** Assignments and overall test grade average of 75% or better.
- Books:** Handouts supplied
Successful Nursing Assistant Care, 2nd edition., Dugan, Diana, Hartman
Publishing, 2008.
Workbook to accompany textbook.
- Reference:** Texas Department of Aging and Disability Services (DADS) website to
include curriculum for Certified Nursing Assistants and the Nurse Aide
Registry: www.dads.state.tx.us

Lesson Plan

A. Introduction:

1. Introduction
 - Welcome; review of syllabus and student policies; review DADS policies for CNA

 - Introductions
 - Housekeeping

B. Content:

1. **Lesson –**
 - The Nursing Assistant in Long-Term Care
 - Ethical Issues and Legal Issues
 - Communication Skills
 - Communication Challenges
 - Diversity; Human Needs and Development

2. **Lesson-**
 - Infection Control

3. **Lesson –**
 - Safety and Body Mechanics
 - Emergency Care, First Aid, and Disasters
 - Admission, Transfer, Discharge and Physical Exams

4. **Lesson-**
 - Bedmaking and Unit Care
 - Positioning, Moving, and Lifting
 - Personal Care
 - Vital Signs

5. **Lesson-**
 - Nutrition and Fluid Balance
 - The Gastrointestinal System
 - The Urinary System
 - The Reproductive System

6. Lesson –

- **The Integumentary System**
- **The Circulatory or Cardiovascular System**
- **The Respiratory System**
- **The Musculoskeletal System**

7. Lesson-

- **The Nervous System**
- **The Endocrine System**
- **The Immune and Lymphatic Systems and Cancer**

8. Lesson-

- **Rehabilitation and Restorative Care**
- **Subacute Care**
- **End-of Life Care**

9. Lesson-

- **Your New Position**

**** See attached class schedule for individual instructor's dates, classes, topics, assignments and exams.**

C. Closing:

- **Re-Cap**
 - Safety/ Infection Control
 - Definitions/Abbreviations
 - Procedures/Skills

D. Evaluation:

- Maintains an overall average of 75% on test scores

E. Demonstrations

- Student Return Demonstrations of Skills/Procedures