

**BLINN COLLEGE  
Syllabus**

**VNSG 1238**

Date of revision: \_\_\_\_\_

\_\_\_\_\_  
Faculty Date

\_\_\_\_\_  
Dean,  
Technical/Workforce Education Date

\_\_\_\_\_  
Faculty Date

\_\_\_\_\_  
Vice President  
Academic Affairs Date

## **Mental Illness VNSG 1238**

### **Purpose Statement**

The primary purpose of Mental Illness - VNSG 1238 is to prepare learners to assume entry level competencies of the vocational nurse.

### **Course Description**

Study of human behavior with emphasis on emotional and mental abnormalities and modes of treatment incorporating the nursing process.

Topics include, but not limited to psychotherapies; group process; alcoholism; drug dependency; maladaptive behaviors; violence and disturbed behaviors; human sexuality; grieving and pain.

The course consists of: Two class hours per week. Credit: Two semester hours.

Prerequisite: successful completion of all first and second semester courses with a grade point average of 75 percent or better.

### **Student Learning Outcomes**

After completion of Mental Illness - VNSG 1238, the student will:

- \* identify common mental illnesses and maladaptive behavior
- \* utilize the nursing process to assist in planning care for the individual with mental illness or maladaptive behavior
- \* discuss trends in the management of the individual requiring psychotherapeutic treatment
- \* **recognize principles and factors that maintain or restore health**
- \* **identify basic communication skills**
- \* **discuss basic modes of effective communication**
- \* **demonstrate methods of effective communication**

## **SCANS**

Secretary's Commission on Achieving Necessary Skills

SCANS is an attempt to help make courses more relevant to the needs of a modern work force. SCANS is divided into two types of skills: competencies and foundations. The competencies are the ability to manage resources, to work amicably and productively with others, to acquire and use information, to master complex systems, and to work with a variety of technologies. Foundation skills are organized into the basic literacy and computational skills, the thinking skills necessary to put knowledge to work, and the personal qualities that make workers dedicated and trustworthy. Both are required for successful performance in most jobs.

The following SCANS competencies and foundation skills are used in VNSG 1238: C5, C6, C7, C8, C9, C12, C14, C15, C16, F1, F2, F5, F6, F7, F8, F9, F10, F11, F12, F13, F15, F17 (see attached).

## **Learning Activities**

Lectures, class discussions, student interactions such as group activities, lesson assignments such as worksheets, workbooks, written and oral reports, audiovisuals, computer software/tutorials.

## **Grading System**

Grading scale is as follows:

90 - 100 = A  
80 - 89 = B  
75 - 79 = C  
Below 75 = F  
WP = withdrawn passing  
WF= withdrawn failing

Course consists of minimum of 4 major exams, daily grades and a final exam. Final course grade is determined as follows:

major exams 1/3,  
\*daily grade 1/3,  
final exam 1/3.

\*Consists of quizzes, objectives, designated student assignments.

## **Outcome Inventory**

Evaluation on the success of this course includes satisfactory completion of course by the learner and successful completion of the National Council Licensure Examination – PN.

## **Calendar**

Course material is distributed during the semester. Course timing is given the learner at the beginning of the course as outlined in the student information sheet.

**Materials**

Required:

Berry, Patricia D.  
Mental Health and Mental Illness  
Seventh Edition  
Lippincott Williams & Wilkins, 2002  
Philadelphia, PA

Mosby's Pocket Dictionary of Medicine, Nursing, and Allied Health  
Fourth Edition  
Mosby's, Inc., 2002  
St. Louis, MO  
or

Taber's Cyclopedic Medical Dictionary  
Twentieth Edition  
F. A. Davis Company  
Philadelphia, PA

Student Name: \_\_\_\_\_ SS# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Semester: \_\_\_\_\_ Date: \_\_\_\_\_

**VNSG 1238: Mental Illness**

**COURSE DESCRIPTION:**

Study of human behavior with emphasis on emotional and mental abnormalities and modes of treatment incorporating the nursing process.

The course consists of: Two class hours per week. Credit: Two semester hours.

Prerequisite: successful completion of all first and second semester courses with a grade average of 75 per cent or better.

<b>BASELINE COMPETENCY</b>	<b>COMPETENCIES</b>	<b>ACTIVITY TO EVALUATE BASELINE COMPETENCY</b>
<b>Information</b>	C5, C6, C7	Describe nursing assessment and observations of patient/client when mental health is effected.
	C8	Complete learning module on computer for therapeutic communication.
<b>Interpersonal</b>		
	C12	Present report on mental illness.
	C14	Interact with students and instructors in group activities
<b>Systems</b>	C15	Apply nursing process to mental illness.
	C16	Utilize critical thinking with questions on exams
<b><u>FOUNDATION SKILLS</u></b>		
<b>Basic Skills</b>	F1	Read assignments
	F2	Prepare report
	F5, F6	Present reports with groups using innovating ways to present material and utilize critical thinking skills
<b>Thinking Skills</b>	F7	Present reports with groups using innovating ways to present material and utilize critical thinking skills
	F8	Complete assignments and exams
	F9, F10	Utilize critical thinking with questions on exams
	F11	Complete assignments and exams
	F12	Utilize critical thinking with questions on exams
<b>Personal Qualities</b>	F13	Complete assignments and exams
	F14, F15	Present reports with groups using innovating ways to present material and utilize critical thinking skills
	F16	Complete assignments and exams
	F17	Complete all assignments with honesty

**NOTE: Student must meet all baseline competencies to pass the course.**

The above named student \_\_\_\_\_ has \_\_\_\_\_ has not mastered all baseline competencies for the course.

\_\_\_\_\_  
 Instructor (Print)

\_\_\_\_\_  
 Instructor (Signature)

\_\_\_\_\_  
 Date