Kynsie’s General Guide to Standardized Test Prep

• Prep book – should fit your study style and needs; shop around

• Prep book – should offer an online component that has full-length practice tests which closely emulate the real thing; or get full-length, computerized practice tests from the testing company’s website

• Prep – NEVER TAKE THE REAL THING FOR PRACTICE; many times you are limited on your number of takes

• Prep – take at least one computerized, full-length practice test before the real thing

• Prep – allow 4 to 6 weeks of preparation, but no more than 6 months

• Prep – spend equal amounts of time covering the material for each section of the test; do not over- or under-study sections

• Prep – remember that you are preparing for two different components: 1) the material that will be presented on the test; 2) and how the material will be presented on the test – test taking strategies

• Day before – don’t do any prep; if you don’t know it by now....

• Day before – have all of your check-in materials together, in a folder, ready to go by your keys

• Day before – be aware of what you can and cannot take into the testing area with you: sweater/jacket, cell phones, calculators, scratch paper, pens/pencils, drinks, etc.; KNOW AHEAD OF TIME!

• Day before – eat a high carb meal for supper; brain-food

• Day before – get a good night’s sleep; 7-8 hours

• Day of – eat a good meal beforehand and drink plenty of water

• Day of – arrive early, at least 30 minutes

• Day of – ROCK THE TEST!