Blinn College Resources

Alcohol and Drug Abuse Information

Texas Commission on Alcohol and Drug Abuse (TCADA)
866-378-8440
http://www.tcadastate.tx.us/
(This branch of the Department of State Health Services provides information about substance abuse programs and services available in your local area.)

Brazos Valley Council on Alcohol & Substance Abuse
979-846-3560
http://www.bvcasa.org/
(This organization provides quality substance abuse intervention, prevention, and treatment services leading to the improvement of health, wellness, and security in the Brazos Valley. Alcohol Screening Test available online.)

Scott & White Drug and Alcohol Outpatient Rehabilitation
979-691-3338 or 979-691-3443
http://sw.org
(This agency offers substance abuse rehabilitation on an outpatient basis with primary healthcare provider referral.)

National Institute on Drug Abuse
http://www.drugabuse.gov/

Flu Information

Texas Department of State Health Services
http://www.texasflu.org

First Aid Information

Mayo Clinic/Mayo Health Oasis
http://www.mayoclinic.com/health/FirstAidIndex/FirstAidIndex

General Health Information

These websites offer general information and education about health related topics.
Center for Disease Control and Prevention
http://cdc.gov/

National Institute of Health
http://www.nih.gov/

Texas Department of State Health Services
http://www.dshs.state.tx.us/

Web MD
http://www.webmd.com/

Mayo Clinic/Mayo Health Oasis
http://www.mayoclinic.com/

American Academy of Family Physicians
http://familydoctor.org

Health Insurance Information

HealthCare.Gov
http://www.healthcare.gov/stay_connected.html#ya

America’s Health Insurance Programs
http://www.ahip.org/

Immunizations

Department of State Health Services
http://www.dshs.state.tx.us/immunize/default.shtm

Immunization Action Coalition
http://www.immunize.org/

Medical Literature

National Library of Medicine
http://www.nlm.nih.gov/

Journal of American Medicine Association
http://www.ama-assn.org/
Men’s Health Information

Center for Disease Control-Men’s Health
http://www.cdc.gov/men/

Prostate Health Guide
http://www.prostatehealthguide.com/

Go Ask Alice
http://www.goaskalice.columbia.edu/

N.A.M.E.D. – The National Association for Males With Eating Disorders
http://www.NAMEDinc.org

Nutrition

American Dietetic Association
http://www.eatright.org/

National Eating Disorder Association
http://www.nationaleatingdisorders.org/

International Food Information Council Foundation
www.FoodInsight.org

CDC – Healthy Weight
http://www.cdc.gov/healthyweight/index.html

United States Department of Agriculture
http://www.mypyramid.gov/

Sexually Transmitted Diseases

Department of State Health Services-STD/HIV Division
http://www.dshs.state.tx.us/hivstd/default.shtm

Center for Disease Control and Prevention
http://www.cdc.gov/std/default.htm
Sports Medicine

National Collegiate Athletic Association

Stop Smoking Assistance

American Cancer Society
http://www.cancer.org/Healthy/StayAwayfromTobacco/GuidetoQuittingSmoking/guide-to-quitting-smoking-toq

Department of State Health Services
http://www.dshs.state.tx.us/tobacco/quityes.shtm

For additional smoking cessation programs visit
www.Smokefree.gov

Suicide Prevention

National Suicide Prevention Lifeline
http://www.suicidepreventionlifeline.org/
1-800-273-TALK (8255)

The JED Foundation
http://www.halfofus.com/

Voluntary Health Agencies

American Cancer Society
http://www.cancer.org/docroot/home/index.asp

American Heart Association
http://www.americanheart.org/presenter.jhtml?identifier=1200000

American Lung Association
http://www.lungusa.org/
(also a great smoking cessation resource)

American Diabetes Association
http://www.diabetes.org/
Women’s Health Information

American Congress of Obstetricians and Gynecologist
http://www.acog.org/

Office of Women’s Health
http://www.girlshealth.gov/

Go Ask Alice
http://www.goaskalice.columbia.edu/