



**Program Map**  
**KINESIOLOGY**

Degree: Associate of Science (AS)



Visual Performing Arts & Kinesiology

**Program Description:** The Associate of Science degree in Kinesiology is intended to provide students with the core curriculum and the basic knowledge of movement, health, and safety to allow the students various opportunities at a 4-year college or university.

*Use this **Program MAP** as an advising guide to choose courses with your advisor and track progress toward milestones and completion of degree program. The map provides students a suggested course sequence to timely program completion.*

**SEMESTER-BY-SEMESTER PROGRAM PLAN FOR FULL-TIME STUDENTS**  
*Plans can be modified to fit the needs of part-time students by adding more semesters*

Semester 1	CR	Advising Notes
ENGL 1301 – English Composition I	3	
MATH 1324 – Math for Business & Social Sciences	3	May select a different course from the Mathematics section of the Core Curriculum. Students should talk with an advisor to determine the best course depending on transfer plan and degree goals.
BIOL 1406 - Biology for Science Majors I	4	Select from the Life and Physical Sciences section of the Core Curriculum Course List. Students should talk with an advisor to determine the best course depending on transfer plan and degree goals.
HIST 1301 – United States History I	3	May select a different course from the American History section of the Core Curriculum Course List.
Area of Concentration	3	Any 3 hour PHED courses not taken as an academic elective
	16	Program Semester Hours / Meet with your advisor
Semester 2		
ENGL 1302 – English Composition II	3	
BIOL 1407 - Biology for Science Majors II	4	Select from the Life and Physical Sciences section of the Core Curriculum Course List. Students should talk with an advisor to determine the best course depending on transfer plan and degree goals.
HIST 1302 – United States History II	3	May select a different course from the American History section of the Core Curriculum Course List.
Area of Concentration	3	Any 3 hour PHED courses not taken as an academic elective
PHED Activity Course	1	Any 1 hour PHED course with the exception of PHED 1164 and Varsity Sports.
	14	Program Semester Hours / Meet with your advisor

Semester 3		
PHIL 2306 – Introduction to Ethics	3	May select a different course from the Language, Philosophy and Culture section of the Core Curriculum. Students should talk with an advisor to determine the best course depending on transfer plan and degree goals.
GOVT 2305 – Federal Government	3	
PSYC 2301 – Intro to Psychology	3	May select a different course from the Social and Behavioral Sciences section of the Core Curriculum Course List.
Area of Concentration	3	Any 3 hour PHED courses not taken as an academic elective
SPCH 1315 – Public Speaking	3	May select a different SPCH course from the Component Area Option
PHED Activity Course	1	Any 1 hour PHED course with the exception of PHED 1164 and Varsity Sports.
	16	Program Semester Hours / Meet with your advisor
Semester 4		
ARTS 1304 – Art History II	3	May select a different course from the Creative Arts section of the Core Curriculum. Students should talk with an advisor to determine the best course depending on transfer plan and degree goals.
PHED 1164 – Introduction to Physical Fitness and Wellness	1	
PHED Activity Course	1	Any 1 hour PHED course with the exception of PHED 1164 and Varsity Sports.
GOVT 2306 – State Government	3	
Restrictive Elective	3	May select a course from the Mathematics or Life and Physical Sciences of the Core Curriculum. Students should talk with an advisor to determine the best course depending on transfer plan and degree goals.
General Academic Elective	3	Any course equal to 3 credit hours that is not taken as a core curriculum or Area of Concentration
	14	Program Semester Hours
<b>Total Program Hours</b>	<b>60</b>	

## Transfer Information

This Kinesiology degree provides a pathway to transfer to a four-year college or university where students can earn a baccalaureate degree. Students are strongly encouraged to select a transfer destination by the time they have completed 30 semester credit hours. Students should consult with their chosen transfer institution regarding recommended courses that will transfer and be applied to their baccalaureate degree program.

For more information on program transfer information to four-year institutions visit Blinn's transfer information site:  
<http://www.blinn.edu/transfer/resources.html>