

ASSOCIATE OF SCIENCE DEGREE in KINESIOLOGYDetailed course information is available from the [Course Descriptions](#) section of the online catalog.**Core Component**

THECB Core Curriculum Component	Courses	Credit Hours*
Communication	ENGL 1301,1302	6
Mathematics	MATH 1324	3
Life and Physical Sciences	Choose Two (2): BIOL 1407; 2401, 2402; PHYS 1401	6 [^]
Language, Philosophy, Culture	PHIL 2306	3
Creative Arts	ARTS 1303	3
American History	HIST 1301 and 1302	6
Government/Political Science	GOVT 2305 and 2306	6
Social and Behavioral Sciences	PSYC 2301	3
Component Area Option	Overflow hours from Life and Physical Sciences are used along with: SPCH 1311 and PHED 1164	6 [^]
^If any overflow hours are earned from Life and Physical Sciences, these will be applied to the Component Area Option.		
Total Core Curriculum Hours		42

Academic Electives

Discipline	Courses	Credit Hours
General Academic Electives	PSYC 2314 and MATH 1325	6
Total General Academic Electives Hours		6

Area of Concentration

Discipline	Courses	Credit Hours
Exercise Physiology	Choose Four (4): PHED 1301, 1304, 1306, 1308, 1346, 2356	12
Total Area of Concentration Hours		12

Total Hours for Degree		60
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***Note:** The second digit of a course rubric identifies the number of credit hours a student will earn upon completing the course. For example: **ENGL 1301** is a 3 credit hour course, as denoted by the 2nd digit.